

SPECTRUM OF COMPACT OPERATORS

AND

FIRST SPECTRAL THEOREM

From now, T compact (not necessarily selfadjoint)
Wish to describe $\sigma(T)$ putting together spectral theory
and Fredholm theory

Dem $T: X \rightarrow X$ compact and $\dim X = +\infty$
 $\Rightarrow 0 \in \sigma(T)$ (indeed T is not invertible)

Dem $\{0\}$ can be

\rightarrow eigenvalue: $T: \ell^2 \rightarrow \ell^2$: $Tx = (0, \frac{x_2}{2}, \frac{x_3}{3}, \frac{x_4}{4}, \dots)$

\rightarrow not eigenvalue: $T: \ell^2 \rightarrow \ell^2$: $Tx = (x_1, \frac{x_2}{2}, \frac{x_3}{3}, \frac{x_4}{4}, \dots)$

but $\sigma(T) = \left\{ \frac{1}{n} \right\}_{n \geq 1} \cup \{0\}$

Thm $T \in K(X)$, $\dim X = +\infty$, then

$$\sigma(T) = \{0\} \cup \sigma_p(T)$$

proof let $\lambda \neq 0$, $T - \lambda = \left(\frac{T}{\lambda} - \mathbb{1} \right) \lambda$, $\frac{T}{\lambda}$ compact

By Fredholm:

$$\begin{array}{ccc} \ker \left(\frac{T}{\lambda} - \mathbb{1} \right) = 0 & \Leftrightarrow & \operatorname{Im} \left(\frac{T}{\lambda} - \mathbb{1} \right) = X \\ \parallel & & \parallel \\ \ker(T - \lambda) & & \operatorname{Im}(T - \lambda) \end{array}$$

If $\lambda \notin \sigma_p(T)$, $\lambda \neq 0 \Rightarrow \ker(T-\lambda) = \{0\}$

$\Rightarrow \operatorname{Im}(T-\lambda) = X \rightsquigarrow T-\lambda$ bijective

\rightsquigarrow invertible with λ^{-1} inverse

$\rightsquigarrow \lambda \in \rho(T)$ □

What about the multiplicity?

Prop Let $\lambda \in \sigma_p(T)$, $\lambda \neq 0$. Then $\dim \ker(T-\lambda) < \infty$.

proof T compact, $\lambda \neq 0 \Rightarrow \dim \ker\left(\frac{T}{\lambda} - I\right) < \infty$ □

Moreover the only accumulation point of $\sigma(T)$ is $\{0\}$.

Lemma $A \in \mathcal{L}(X)$ and $\lambda_1, \dots, \lambda_n$ distinct eigenvalues and $x_1, \dots, x_n \neq 0$ with $Ax_i = \lambda_i x_i$ (eigenv. of diff eigenvalues) then $(x_i)_{i=1}^n$ are linearly indep.

proof for $n=2$: assume they are l.d. $\exists d_1, d_2$:

$$d_1 x_1 + d_2 x_2 = 0, \text{ w.l.o.g. } d_1 \neq 0$$

Apply $A - \lambda_2$:

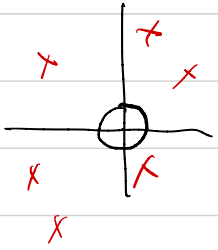
$$0 = d_1 (A - \lambda_2) x_1 + d_2 (A - \lambda_2) x_2 = d_1 (\lambda_1 - \lambda_2) x_1 \Rightarrow d_1 = 0$$

EXERCISE: prove it for $n \geq 3$

Prop $\forall \varepsilon > 0$, \exists at most finitely many linearly independent eigenvectors corresponding to eigenvalues λ_i with $|\lambda_i| > \varepsilon$

In particular

$\sigma_p(T) \cap \{|\lambda| \geq \varepsilon\}$ is a finite set $\forall \varepsilon > 0$



proof BC. $\exists \{x_i\}_{i=1}^{\infty}$ lin indep vectors

with $Tx_i = \lambda_i x_i$ and $|\lambda_i| \geq \varepsilon \forall i$

Set $E_k = \text{span}(x_1, \dots, x_k) \subsetneq E_{k+1}$

Riesz lemma: $\forall k$, $\exists y_k \in E_k$: $\|y_k\| = 1$
 $\text{dist}(y_k, E_{k-1}) \geq \frac{1}{2}$

claim $\left\{ T \frac{y_k}{\lambda_k} \right\}_{k \geq 1}$ does not have any Cauchy subseq:

Then since $\left\| \frac{y_k}{\lambda_k} \right\| \leq \frac{1}{|\lambda_k|} \leq \frac{1}{\varepsilon} \forall k$

this contradicts the compactness of T \downarrow

proof of claim; as $y_n \in E_k \rightsquigarrow y_n = \sum_{i=1}^k a_i x_i$

$$\rightsquigarrow T \frac{y_k}{\lambda_k} = \sum_{i=1}^k \frac{a_i}{\lambda_k} \lambda_i x_i = \underbrace{a_k x_k}_{\in E_k} + \underbrace{\sum_{i=1}^{k-1} a_i \frac{\lambda_i}{\lambda_k} x_i}_{\in E_{k-1}}$$

$$= y_k + z_k, \quad z_k \in E_{k-1}$$

So now for $k > m$

$$T \frac{y_k}{\lambda_k} - T \frac{y_m}{\lambda_m} = \underbrace{y_k}_{\in E_k} + \underbrace{z_k}_{\in E_{k-1}} - \underbrace{y_m}_{\in E_m} - \underbrace{z_m}_{\in E_{m-1}}$$

$$\rightarrow \left\| T \frac{y_k}{\lambda_k} - T \frac{y_m}{\lambda_m} \right\| = \left\| y_k + \underbrace{\quad}_{\in E_{k-1}} \right\| \geq \frac{1}{2}$$

□

Cor $T \in K(x)$. If $\{\lambda_k\}_{k \geq 1} \subseteq \sigma(T) \setminus \{0\}$
with λ_k distinct, then $\lambda_k \xrightarrow{k \rightarrow \infty} 0$.

($\{0\}$ is the only possible accumulation point for eigenvalues)

proof If $(\lambda_k)_{k \geq 1}$ are distinct, the corresponding eigenvectors must be lin. indep.
But there are only finitely many l.i. eigenvectors corresponding to eigenvalues with $|\lambda_k| \geq \epsilon, \forall \epsilon > 0$.

Compact and self-adjoint operators

Let H Hilbert, $T = T^*$, compact

What can we say about the structure of T ?

Recall that in fin dim, if A is symmetric matrix then A can be diagonalized with orthonormal basis of eigenvectors

$$\left\{ \begin{array}{l} A x = \sum_{i=1}^n \lambda_i \langle x, e_i \rangle e_i \\ A \vec{e}_i = \lambda_i \vec{e}_i \end{array} \right.$$

We prove that a compact self-adjoint op is diagonalizable in an analogous way

Thm (Spectral thm for compact self-adjoint ops)

$T \in \mathcal{K}(H)$, H Hilbert, $T = T^*$, $T \neq 0$, then

- (1) $\sigma(T) \setminus \{0\} = \sigma_p(T) \setminus \{0\}$, $0 \in \sigma(T)$
- (2) Eigenvalues are at most countable and
 - either are finitely many
 - or accumulate to 0
- (3) Eigenspaces are pairwise orthogonal and fin dim for non zero eigenvalues
- (4) \exists set of non zero eigenvalues

$$|\lambda_1| \geq |\lambda_2| \geq |\lambda_3| \geq \dots$$

and countable ON system $(e_i)_{i \geq 1}$ of eigenvectors
with $T e_i = \lambda_i e_i$ st

$$(2) \forall x \in H, \quad x = y + \sum_{i=1}^{\infty} \langle x, e_i \rangle e_i, \quad y \in \ker T$$

$$(b) T x = \sum_{i=1}^{\infty} \lambda_i \langle x, e_i \rangle e_i \quad (\text{diagonal form})$$

and $\forall z \in \overline{\text{Im } T}$ we have $z = \sum_i \langle z, e_i \rangle e_i$

i.e. $(e_i)_{i \geq 1}$ are a ON basis for $\text{Im } T$

(5) If H separable, \exists ON basis of H made of eigenvectors

Before the proof, let us state this lemma

Lemma If $T \in \mathcal{K}(H)$, $T = T^*$, $T \neq 0 \Rightarrow \exists \lambda \in \sigma_p(T)$:

$$\|T\| = |\lambda|$$

proof $T = T^* \Rightarrow \|T\| \text{ or } -\|T\| \in \sigma(T)$
 $T \neq 0 \Rightarrow \|T\| \neq 0 \quad \Big| \Rightarrow \|T\| \text{ or } -\|T\|$
 $T \in \mathcal{K}(H) \Rightarrow \sigma(T) \setminus \{0\} = \sigma_p(T) \setminus \{0\} \in \sigma_p(T) \setminus \{0\}$

□

proof of spectral theorem (1) - (3) already proved

(4)
Step 1 Build a seq $\{\lambda_i\}, \{e_i\}$ of eigenvalues/eigenvectors
 with $|\lambda_1| \geq |\lambda_2| \geq \dots \geq |\lambda_i| \geq \dots$

vector e_1 : look for e_1 : $T e_1 = \lambda_1 e_1$, $\|e_1\| = 1$

Just take λ_1 fully $\|T\| = |\lambda_1|$ (by Lemma)

and recall that $\lambda_1 \in \sigma_p(T) \setminus \{0\}$, hence we have eigenvector \vec{e}_1 (not necessarily ungr)

Let now consider $(e_i)_{i=1}^n$ defined by inductive procedure, namely

$$\begin{cases} T e_i = \lambda_i e_i \\ \|e_i\| = 1 \end{cases}, \quad |\lambda_1| \geq |\lambda_2| \geq \dots \geq |\lambda_n|$$

Let $E_n = \text{span}(e_1, \dots, e_n)$

E_n is invariant subspace for T : $T \cdot E_n \rightarrow E_n$,
so also E_n^\perp is invariant subspace of T , and
an Hilbert space with the same scalar product of H .

Define $T_{n+1} := T|_{E_n^\perp} : E_n^\perp \rightarrow E_n^\perp$

T_{n+1} is self adjoint and compact on the
Hilbert space E_n^\perp (exercise: prove it!)

Case 1 $T_{n+1} = 0 \rightsquigarrow$ we stop

we set $\forall x \in H, x = \sum_{i=1}^n \langle x, e_i \rangle e_i + y_n$

with $y_n \in E_n^\perp \Rightarrow T y_n = T|_{E_n^\perp} y_n = T_{n+1} y_n = 0$

Case 2 $T_{n+1} \neq 0$, then we use again lemma, and
find λ_{n+1} st

$$\|T_{n+1}\| = |\lambda_{n+1}|$$

$\exists e_{n+1}: T e_{n+1} = \lambda_{n+1} e_{n+1}, \|e_{n+1}\| = 1$

We show that $|\lambda_n| \geq |\lambda_{n+1}|$

Indeed $E_{n-1} \subseteq E_n \rightsquigarrow E_n^\perp \subseteq E_{n-1}^\perp$, thus

$$|\lambda_{n+1}| = \|T_{n+1}\| = \sup_{\|x\| \leq 1, x \in E_n^\perp} \|T_{n+1} x\| = \sup_{\|x\| \leq 1, x \in E_{n-1}^\perp} \|T x\|$$

$$\leq \sup_{\|x\| < 1} \|Tx\| = \|T_n\| = |\lambda_n|$$

$$x \in E_{n-1}^\perp$$

We iterate this process. If for some n we end in case 1 we stop.

otherwise we get ∞ seq $\{|\lambda_n|\}$ of eigs. of T with $|\lambda_n| \rightarrow 0$

Step 2 Show that $x - \sum \langle x, e_i \rangle e_i \in \ker T$

By construction the $\{e_i\}_{i \geq 1}$ are orthogonal, thus $\sum_{i \geq 1} \langle x, e_i \rangle e_i$ converges in \mathcal{H} to $x_\infty \in \mathcal{H}$.

In fact, by Bessel inequality,

$$\left\| \sum_{i \geq 1} \langle x, e_i \rangle e_i \right\|^2 = \sum_{i \geq 1} |\langle x, e_i \rangle|^2 \leq \|x\|^2 < \infty$$

So write $x = x_\infty + x - x_\infty$

and we need to show $x - x_\infty \in \ker T$.

Let us put $y_n := x - \sum_{i=1}^n \langle x, e_i \rangle e_i$

and clearly $y_n \rightarrow x - x_\infty$, and since

T is continuous: $T y_n \rightarrow T(x - x_\infty)$ as $n \rightarrow \infty$

We show that $T y_n \rightarrow 0$ then $x - x_\infty \in \ker T$.

$$\|T y_n\| \leq \|T|_{E_n^\perp} y_n\| \leq \|T|_{E_n^\perp}\| \|y_n\|$$

Bessel $\leq |\lambda_{n+1}| \left(\|x\| + \left\| \sum_{i=1}^n \langle x, e_i \rangle e_i \right\| \right)$

$$\leq 2 |\lambda_{n+1}| \|x\| \xrightarrow{n \rightarrow \infty} 0$$

thus show that $T y_n \xrightarrow{T(x-x_0)} 0 \Rightarrow x-x_0 \in \ker T$

$$\Rightarrow x = \sum_{i=1}^{\infty} \langle x, e_i \rangle e_i + y, \quad y \in \ker T$$

Then, since $(e_i)_{i \geq 1}$ are eigenvectors of T :

$$T x = \sum_{i=1}^{\infty} \lambda_i \langle x, e_i \rangle e_i$$

$$\Rightarrow \operatorname{Im} T \subseteq \overline{\operatorname{span}(e_i)} \quad \text{and} \quad \operatorname{Im} T \subseteq \overline{\operatorname{span}(e_i)}$$

$$\text{but since } e_i = \frac{1}{\lambda_i} T e_i \in \operatorname{Im} T \Rightarrow \overline{\operatorname{Im} T} = \overline{\operatorname{span}(e_i)_{i \geq 1}}$$

$$\Rightarrow (e_i)_{i \geq 1} \text{ or basis of } \overline{\operatorname{Im} T}$$

(5) We proved $H = \ker T \oplus \overline{\operatorname{Im} T}$, so only consider $\ker T \neq 0$.

H separable just take or basis $\{f_i\}_{i \geq 1}$ of $\ker T$

$$T f_i = 0 \Rightarrow f_i \text{ are eigenvectors}$$

$$\Rightarrow \{e_i\}_{i \geq 1} \cup \{f_i\}_{i \geq 1} \text{ ON basis of } H.$$

□

Applications to integral operators

Thm $H = L^2([a,b])$, $K(\cdot, \cdot) \in L^2([a,b]^2)$
with $K(s,t) = \overline{K(t,s)}$. Define

$$T \in \mathcal{K}(H), T = T^*, (Tf)(t) = \int_a^b K(t,s) f(s) ds$$

Take $\{e_i\}_{i \geq 1}$ eigenbasis with $Te_i = \lambda_i e_i$, then

$$K(t,s) = \sum \lambda_i \overline{e_i(t)} e_i(s) \quad \text{with conv. in } L^2$$

It follows: $\sum |\lambda_i|^2 = \iint |K(t,s)|^2 ds dt < \infty$

Rem Integral op defined by kernel functions are
a subclass of compact self-adjoint op: $\sum |\lambda_i|^2 < \infty$
 $\rightarrow \lambda_i \rightarrow 0$ quickly. e.g. no such op with $\lambda_i = \frac{1}{\sqrt{i}}$

Def (Hilbert-Schmidt) $T \in \mathcal{L}(H)$, $T = T^*$ is HS
if \exists ON basis $\{e_i\}_{i \geq 1}$: $\sum_i \|Te_i\|^2 < \infty$

Ex Integral op with symmetric kernel: $\sum_i \|Te_i\|^2 = \sum |\lambda_i|^2 < \infty$

proof Let $\eta_i(t,s) := e_i(t) \overline{e_i(s)}$ this is ON
system in $L^2([a,b]^2)$. (not complete)

then

$$\phi(t,s) := \sum_i \langle K, \eta_i \rangle_{L^2([a,b]^2)} \eta_i \in L^2 \text{ by Bessel}$$

(i.e. the series converges). Moreover

$$\langle K, \eta_i \rangle_{L^2([a,b]^2)} = \iint K(t,s) \overline{e_i(t)} e_i(s) ds dt$$

$$= \int \left(\int \kappa(t,s) e_i(s) ds \right) \overline{e_i(t)} dt = \langle T e_i, e_i \rangle = \lambda_i$$

$$\Rightarrow \phi(t,s) = \sum_i \lambda_i e_i(t) \overline{e_i(s)}. \text{ We show that}$$

$\kappa = \phi$, thus concluding it.

Take $u, v \in L^2([a,b])$. By spectral theorem

$$T v = \sum \lambda_i \langle v, e_i \rangle e_i$$

$$\Rightarrow \langle T v, u \rangle = \sum_i \lambda_i \langle \langle v, e_i \rangle e_i, u \rangle =$$

//

$$= \sum_i \lambda_i \langle v, e_i \rangle \langle e_i, u \rangle$$

$$\int \kappa(t,s) v(s) \overline{u(t)} ds dt$$

//

$$= \sum_i \lambda_i \langle e_i(t) \overline{e_i(s)}, u(t) \overline{v(s)} \rangle_{L^2([a,b]^2)}$$

$$\langle \kappa, u(t) \overline{v(s)} \rangle_{L^2([a,b]^2)} = \langle \phi, u \overline{v} \rangle_{L^2([a,b]^2)} \quad \forall u, v \in L^2$$

Now $\{u(t) \overline{v(s)} : u, v \in L^2([a,b])\}$ is complete in $L^2([a,b]^2)$

$$\Rightarrow \kappa = \phi$$

□

FUNCTIONAL CALCULUS FOR COMPACT SYMMETRIC OPERATORS

Given $p(t) = \sum_{k=1}^N c_k t^k$ polynomial, we can

$$\text{define } p(A) := \sum_{k=1}^N c_k A^k$$

What about a general function f ? $f(A)$?

Let us start with compact symmetric operators

Take $f \in \mathcal{B}(\sigma(A)) = \{f: \sigma(A) \rightarrow \mathbb{C}; \text{bounded}\}$

If A compact, by spectral thm \exists ON basis of eigenvectors (if H separable) s.t.

$$Ax = \sum \lambda_i \langle x, e_i \rangle e_i = \sum \lambda_i P_{\lambda_i} x$$

where P_{λ_i} is the \perp projection on $\ker(A - \lambda_i)$

Let $x = \sum_{n \geq 1} x_n e_n$ with (e_n) ON basis of H . Put $\underbrace{(e_n)}_{\text{ON basis of eigenvectors}}$

$$f(A)x = \sum_{n \geq 1} f(\lambda_n) x_n e_n$$

Thm $A \in \mathcal{K}(H)$, $A = A^*$. There is a map

$$\phi: \mathcal{C}(\sigma(A)) \longrightarrow \mathcal{L}(H)$$

$$\begin{array}{ccc} & \parallel & f \longmapsto \phi(f) := f(A) \\ \text{if: } f(\lambda_i) \rightarrow f(\lambda_j) : \lambda_i \rightarrow \lambda_j & & \\ \text{fulfilling} & & \end{array}$$

(i) ϕ is algebraic \neq - homomorphism, $\mathbb{1}$ is

$$\phi(fg) = \phi(f)\phi(g)$$

$$\phi(\lambda f) = \lambda \phi(f) \quad \forall \lambda \in \mathbb{C}$$

$$\phi(\mathbb{1}) = \mathbb{1}$$

$$\phi(f^*) = \phi(f)^*$$

(ii) If $f(x) = x \Rightarrow \phi(f) = A$

(iii) isometry: $\|f(A)\| = \sup_{\lambda \in \sigma(A)} |f(\lambda)|$

(iv) spectral mapping property: $\sigma(f(A)) = f(\sigma(A))$

(v) If $Ax = \lambda x$ (i.e. eigenvalues)

$$f(A)x = f(\lambda)x$$

(vi) $f \geq 0 \Rightarrow f(A) \geq 0$ i.e. $(f(A)x, x) \geq 0 \forall x$

proof EXERCISE!

EX T compact, $T \in T^*$ $f \in \mathcal{B}(\sigma(T)) = \{f: \sigma(T) \rightarrow \mathbb{C}, \text{ bounded}\}$

$$\|f(A)\| = \sup_{\lambda \in \sigma_p(A)} \|f(\lambda)\|, \quad \sigma_p(f(A)) = f(\sigma_p(A))$$

Variational method to compute eigenvalues

By previous thm

$$Tx = \sum \lambda_i \langle x, e_i \rangle e_i,$$

$$x = \sum \langle x, e_i \rangle e_i + y, \quad y \in \ker T$$

$$\Rightarrow \langle Tx, x \rangle = \sum_{i=1}^{\infty} \lambda_i |\langle x, e_i \rangle|^2$$

$$= \sum_i \lambda_i^+ |\langle x, e_i \rangle|^2 + \sum_i \lambda_i^- |\langle x, e_i \rangle|^2$$

$$\lambda_1^+ \geq \lambda_2^+ \geq \dots \geq 0$$

positive

$$\lambda_1^- \leq \lambda_2^- \leq \dots \leq 0$$

negative

Cor H ∞ -dim Hilb space. Then

(i) If a pos eigenv. exists, $\lambda_1^+ = \max_{\|x\|=1} \langle Tx, x \rangle$

neg eigenv. " , $\lambda_1^- = \min_{\|x\|=1} \langle Tx, x \rangle$

(ii) $\langle Tx, x \rangle \geq 0 \forall x \in H \Leftrightarrow \nexists$ negative eigenv.

proof (i) take $\|x\|=1$ then

$$\langle T x, x \rangle = \sum_i \lambda_i^+ |\langle x, e_i \rangle|^2 \leq \lambda_1^+ \sum |\langle x, e_i \rangle|^2 = \lambda_1^+ \|x\|^2$$

and $\langle T e_i^+, e_i^+ \rangle = \lambda_1^+$

For neg. eigen. the same.

(ii) \Leftarrow clear

\Rightarrow it follows from (i)

□

Cor (Courant-Fisher)

$T \in \mathcal{L}(H)$, $T = T^*$, compact.

Assume $\lambda_{n+1}^+ > 0$ (i.e. \exists at least $n+1$ pos. eigen.)

Then

(i) $\lambda_{n+1}^+ = \min_{V: \dim V = n} \sup_{\|x\|=1, x \in V^\perp} \langle T x, x \rangle$

(ii) $\lambda_{n+1}^+ = \max_{V: \dim V = n+1} \min_{x \in V, \|x\|=1} \langle T x, x \rangle$

proof (i) (\leq) $V = \text{span}(x_1, \dots, x_n)$, $x_j \in H$

CLAIM: $\exists y \in \text{span}(e_1^+, \dots, e_{n+1}^+)$ s.t. $\begin{cases} \|y\|=1 \\ y \perp V \end{cases}$
 $T e_i^+ = \lambda_i^+ e_i^+$

Indeed y has to be of the form $y = \sum_{i=1}^{n+1} a_i e_i^+$

Impose $y \perp V$ to each x_j :
 $0 = \langle y, x_j \rangle = \sum_{i=1}^{n+1} a_i \langle e_i^+, x_j \rangle \quad \forall j = 1, \dots, n$

n eqs in $n+1$ unknown $\Rightarrow \exists y \neq 0$ s.t. $H \perp V$

Normalize it to get $\|y\|=1 = \sum |a_i|^2$

$\Rightarrow \langle T y, y \rangle = \sum_{i,j} a_i \bar{a}_j \langle T e_i^+, e_j^+ \rangle = \sum_i \lambda_i^+ |a_i|^2$
 $\geq \lambda_{n+1}^+ \sum_{i=1}^{n+1} |a_i|^2 = \lambda_{n+1}^+$

$$\Rightarrow \sup_{\|x\|=1, x \in V^+} \langle Tx, x \rangle \geq \lambda_{n+1}^+ \quad \forall V \text{ with } \dim V = n$$

$$\Rightarrow \lambda_{n+1}^+ \leq \inf_{V: \dim V = n} \sup_{x \in V^+, \|x\|=1} \langle Tx, x \rangle$$

(=) take $V = (\mathbf{e}_1^+, \dots, \mathbf{e}_n^+)$ and apply previous corollary to $T|_{V^+}$: $\lambda_{n+1}^+ = \max_{x \in V^+} \langle Tx, x \rangle$

(ii) Take V with $\dim V = n+1$. Then as before,
 $\exists y \in V, \|y\|=1, y \in (\text{span}(\mathbf{e}_1^+, \dots, \mathbf{e}_n^+))^\perp$
 (exercise: construct it)

$$\begin{aligned} \langle Ty, y \rangle &= \sum \lambda_i^+ |\langle y, \mathbf{e}_i^+ \rangle|^2 + \overbrace{\sum \lambda_i^- |\langle y, \mathbf{e}_i^- \rangle|^2}^{\leq 0} \\ &\leq \sum \lambda_i^+ |\langle y, \mathbf{e}_i^+ \rangle|^2 \\ &= \sum_{i=1}^{n+1} \lambda_i^+ |\langle y, \mathbf{e}_i^+ \rangle|^2 \leq \lambda_{n+1}^+ \|y\|^2 \leq \lambda_{n+1}^+ \end{aligned}$$

there is at least $\exists y \in V$ fulfilling the inequality:

$$\Rightarrow \min_{x \in V, \|x\|=1} \langle Tx, x \rangle \leq \lambda_{n+1}^+ \quad \forall V \text{ with } \dim V = n+1$$

$$\Rightarrow \sup_{V: \dim V = n+1} \min_{x \in V, \|x\|=1} \langle Tx, x \rangle \leq \lambda_{n+1}^+$$

To get = and check that sup is achieved choose

$$V = \text{span}(\mathbf{e}_1, \dots, \mathbf{e}_{n+1})$$

then

$$\min_{x \in V, \|x\|=1} \langle Tx, x \rangle \leq \langle T \mathbf{e}_{n+1}, \mathbf{e}_{n+1} \rangle = \lambda_{n+1}^+$$

□